

Module 3: Activity M3.6

Emotions and Financial Decisions

Example:

Your electricity bill arrives

In a few weeks, your next bill arrives, leaving you more in debt.

You worry about how you will pay for it

You relax.

You avoid the bill by hiding it in your kitchen cupboard.

The bill is out of sight, and out of mind.





In pairs, create your own circle identifying emotions and financial decisions.



